

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 4.0 steps inside 25 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 2.5 steps inside 35 yd In | 11.0 steps in front of Back Hash (HS) |
| 18 | 16 | Left: 0.75 steps outside 45 yd In | 2.5 steps in front of Back Hash (HS) |
| 19 | 16 | Left: 2.75 steps inside 40 yd In | 11.0 steps in front of Back Hash (HS) |
| 20 | 16 | Left: 3.0 steps inside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Left: 3.0 steps inside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 3.0 steps inside 30 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Left: 3.0 steps inside 40 yd In | 11.5 steps behind Front Hash (HS) |
| 24 | 16 | Right: 2.0 steps inside 45 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 3.5 steps outside 40 yd In | 13.25 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 1.0 steps inside 30 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 1.0 steps outside 30 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 3.0 steps inside 35 yd In | 14.0 steps in front of Back Hash (HS) |
| 18 | 16 | Left: 3.75 steps outside 45 yd In | 3.25 steps in front of Back Hash (HS) |
| 19 | 16 | Left: On 40 yd In | 12.0 steps in front of Back Hash (HS) |
| 20 | 16 | Left: On 35 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Left: On 35 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: On 30 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Left: On 40 yd In | 11.75 steps behind Front Hash (HS) |
| 24 | 16 | Right: 3.0 steps outside 50 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 0.5 steps outside 40 yd In | 12.75 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 35 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 3.0 steps outside 25 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps outside 25 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps outside 25 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps outside 25 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Right: 1.0 steps inside 30 yd In | 7.0 steps behind Front side line |
| 21 | 32 | Right: 1.0 steps inside 30 yd In | 7.0 steps behind Front side line |
| 22 | 32 | Right: On 40 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Right: On 25 yd In | 12.0 steps behind Front side line |
| 24 | 16 | Right: On 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 3.0 steps inside 30 yd In | 6.5 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 35 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 3.0 steps inside 20 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps inside 20 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps inside 20 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps inside 20 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps inside 30 yd In | 5.0 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps inside 30 yd In | 5.0 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps inside 40 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Right: On 25 yd In | 10.0 steps behind Front side line |
| 24 | 16 | Right: On 30 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: On 30 yd In | 6.5 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 35 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 4.0 steps outside 25 yd In | 8.0 steps behind Front side line |
| 17 | 20 | Right: 4.0 steps outside 25 yd In | 8.0 steps behind Front side line |
| 18 | 16 | Right: 4.0 steps outside 25 yd In | 8.0 steps behind Front side line |
| 19 | 16 | Right: 4.0 steps outside 25 yd In | 8.0 steps behind Front side line |
| 20 | 16 | Right: 0.25 steps inside 30 yd In | 9.0 steps behind Front side line |
| 21 | 32 | Right: 0.25 steps inside 30 yd In | 9.0 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps outside 40 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Right: On 25 yd In | 14.0 steps behind Front side line |
| 24 | 16 | Right: On 30 yd In | 2.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 2.0 steps outside 35 yd In | 6.5 steps in front of Front Hash (HS) |
| 26 | 29 | Right: On 35 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 25 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps inside 25 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps inside 25 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps inside 25 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 3.0 steps outside 35 yd In | 7.75 steps behind Front side line |
| 21 | 32 | Right: 3.0 steps outside 35 yd In | 7.75 steps behind Front side line |
| 22 | 32 | Right: 4.0 steps outside 45 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Right: 4.0 steps outside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 4.0 steps outside 40 yd In | 7.0 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 40 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 25 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps outside 25 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps outside 25 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps outside 25 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps outside 35 yd In | 5.75 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps outside 35 yd In | 5.75 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps outside 45 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 30 yd In | 4.0 steps behind Front side line |
| 24 | 16 | Right: 4.0 steps outside 35 yd In | 12.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 1.0 steps outside 40 yd In | 7.5 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 40 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 20 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps outside 20 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps outside 20 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps outside 20 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps outside 30 yd In | 4.0 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps outside 30 yd In | 4.0 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps outside 40 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Right: On 20 yd In | 4.0 steps behind Front side line |
| 24 | 16 | Right: On 25 yd In | 12.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 0.5 steps outside 25 yd In | 8.75 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 30 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 3.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 21 | 32 | Right: 3.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 22 | 32 | Right: 4.0 steps outside 40 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Right: On 20 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Right: On 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 2.25 steps inside 25 yd In | 7.5 steps in front of Front Hash (HS) |
| 26 | 29 | Right: On 30 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: On 20 yd In | 14.0 steps behind Front side line |
| 17 | 20 | Right: On 20 yd In | 14.0 steps behind Front side line |
| 18 | 16 | Right: On 20 yd In | 14.0 steps behind Front side line |
| 19 | 16 | Right: On 20 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Right: 4.0 steps outside 30 yd In | 8.0 steps behind Front side line |
| 21 | 32 | Right: 4.0 steps outside 30 yd In | 8.0 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps inside 35 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Right: On 20 yd In | 8.0 steps behind Front side line |
| 24 | 16 | Right: On 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 3.0 steps outside 30 yd In | 6.75 steps in front of Front Hash (HS) |
| 26 | 29 | Right: On 30 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: On 25 yd In | 14.0 steps behind Front side line |
| 17 | 20 | Right: On 25 yd In | 14.0 steps behind Front side line |
| 18 | 16 | Right: On 25 yd In | 14.0 steps behind Front side line |
| 19 | 16 | Right: On 25 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Right: 3.75 steps outside 35 yd In | 10.0 steps behind Front side line |
| 21 | 32 | Right: 3.75 steps outside 35 yd In | 10.0 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps inside 40 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 30 yd In | 8.0 steps behind Front side line |
| 24 | 16 | Right: 4.0 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 1.0 steps inside 35 yd In | 6.75 steps in front of Front Hash (HS) |
| 26 | 29 | Right: On 35 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 35 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps outside 35 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps outside 35 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps outside 35 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Right: 1.5 steps inside 40 yd In | 9.75 steps behind Front side line |
| 21 | 32 | Right: 1.5 steps inside 40 yd In | 9.75 steps behind Front side line |
| 22 | 32 | On 50 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Right: On 40 yd In | 12.0 steps behind Front side line |
| 24 | 16 | Right: On 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 1.5 steps outside 45 yd In | 1.5 steps behind Front Hash (HS) |
| 26 | 29 | Right: On 40 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 35 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps inside 35 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps inside 35 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps inside 35 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps inside 45 yd In | 8.0 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps inside 45 yd In | 8.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 45 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 50 yd In | 10.0 steps behind Front side line |
| 24 | 16 | Left: 4.0 steps inside 45 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 0.5 steps outside 50 yd In | 2.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 50 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 40 yd In | 8.0 steps behind Front side line |
| 17 | 20 | Right: 4.0 steps outside 40 yd In | 8.0 steps behind Front side line |
| 18 | 16 | Right: 4.0 steps outside 40 yd In | 8.0 steps behind Front side line |
| 19 | 16 | Right: 4.0 steps outside 40 yd In | 8.0 steps behind Front side line |
| 20 | 16 | Right: 1.5 steps inside 45 yd In | 12.75 steps behind Front side line |
| 21 | 32 | Right: 1.5 steps inside 45 yd In | 12.75 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 45 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 50 yd In | 14.0 steps behind Front side line |
| 24 | 16 | Left: 4.0 steps inside 45 yd In | 2.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 1.5 steps inside 45 yd In | 1.75 steps behind Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 45 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 40 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps outside 40 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps outside 40 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps outside 40 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Right: 1.75 steps inside 45 yd In | 10.25 steps behind Front side line |
| 21 | 32 | Right: 1.75 steps inside 45 yd In | 10.25 steps behind Front side line |
| 22 | 32 | Left: On 45 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 50 yd In | 12.0 steps behind Front side line |
| 24 | 16 | Left: 4.0 steps inside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 3.5 steps outside 50 yd In | 2.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: On 45 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 45 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 4.0 steps outside 40 yd In | On Front side line |
| 18 | 16 | Right: 4.0 steps outside 40 yd In | On Front side line |
| 19 | 16 | Right: 4.0 steps outside 45 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Left: 4.0 steps inside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 4.0 steps inside 35 yd In | 11.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 25 yd In | On Front side line |
| 23 | 32 | Left: 2.0 steps outside 40 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Left: 2.0 steps inside 35 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Left: 2.0 steps outside 40 yd In | 8.0 steps behind Front side line |
| 26 | 29 | Left: 2.0 steps outside 35 yd In | On Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|---------------------------------|---------------------------------------|
| 16 | 0 | Left: 4.0 steps inside 35 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 2.0 steps inside 30 yd In | 12.0 steps behind Back Hash (HS) |
| 18 | 16 | Left: 2.0 steps inside 30 yd In | On Back side line |
| 19 | 16 | Left: 2.0 steps inside 30 yd In | 6.0 steps behind Back Hash (HS) |
| 20 | 16 | Left: On 25 yd In | 12.0 steps in front of Back Hash (HS) |
| 21 | 32 | Left: On 25 yd In | 12.0 steps in front of Back Hash (HS) |
| 22 | 32 | Left: On 25 yd In | 12.0 steps in front of Back Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 30 yd In | 8.0 steps in front of Back Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 30 yd In | 8.0 steps in front of Back Hash (HS) |
| 25 | 24 | Left: On 25 yd In | 11.0 steps in front of Back Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 25 yd In | 12.0 steps in front of Back Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---|
| 16 | 0 | Right: 4.0 steps outside 40 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 4.0 steps outside 35 yd In | On Front side line |
| 18 | 16 | Right: 4.0 steps outside 35 yd In | On Front side line |
| 19 | 16 | Right: 4.0 steps outside 40 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Right: 1.5 steps outside 45 yd In | 10.25 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 1.25 steps inside 45 yd In | 9.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 35 yd In | On Front side line |
| 23 | 32 | Left: 2.0 steps inside 45 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Left: 2.0 steps outside 45 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Left: 2.0 steps inside 45 yd In | 8.0 steps behind Front side line |
| 26 | 29 | Left: 2.0 steps inside 40 yd In | On Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|---------------------------------------|
| 16 | 0 | Left: 2.0 steps outside 45 yd In | 12.0 steps behind Back Hash (HS) |
| 17 | 20 | Left: 4.0 steps inside 35 yd In | 12.0 steps behind Back Hash (HS) |
| 18 | 16 | Left: 4.0 steps inside 35 yd In | On Back side line |
| 19 | 16 | Left: 4.0 steps inside 35 yd In | 6.0 steps behind Back Hash (HS) |
| 20 | 16 | Left: 3.0 steps outside 35 yd In | 8.25 steps in front of Back Hash (HS) |
| 21 | 32 | Left: 3.0 steps outside 35 yd In | 8.25 steps in front of Back Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 30 yd In | 12.0 steps in front of Back Hash (HS) |
| 23 | 32 | Left: On 40 yd In | 8.0 steps in front of Back Hash (HS) |
| 24 | 16 | Left: On 40 yd In | 8.0 steps in front of Back Hash (HS) |
| 25 | 24 | Left: 4.0 steps inside 30 yd In | 5.25 steps in front of Back Hash (HS) |
| 26 | 29 | Left: On 35 yd In | 12.0 steps in front of Back Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|---------------------------------------|
| 16 | 0 | On 50 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 2.0 steps outside 45 yd In | 12.0 steps behind Back Hash (HS) |
| 18 | 16 | Left: 2.0 steps outside 45 yd In | On Back side line |
| 19 | 16 | Left: 2.0 steps outside 45 yd In | 6.0 steps behind Back Hash (HS) |
| 20 | 16 | Left: 2.5 steps inside 40 yd In | 5.75 steps in front of Back Hash (HS) |
| 21 | 32 | Left: 2.5 steps inside 40 yd In | 5.75 steps in front of Back Hash (HS) |
| 22 | 32 | Left: On 40 yd In | 12.0 steps in front of Back Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 45 yd In | 8.0 steps in front of Back Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 45 yd In | 8.0 steps in front of Back Hash (HS) |
| 25 | 24 | Left: 0.5 steps inside 40 yd In | 1.75 steps in front of Back Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 40 yd In | 12.0 steps in front of Back Hash (HS) |

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|-----|--------|------------------------------------|---------------------------------------|
| 16 | 0 | Right: 4.0 steps outside 40 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 2.0 steps outside 45 yd In | 12.0 steps behind Back Hash (HS) |
| 18 | 16 | Right: 2.0 steps outside 45 yd In | On Back side line |
| 19 | 16 | Right: 2.0 steps outside 45 yd In | 6.0 steps behind Back Hash (HS) |
| 20 | 16 | Right: 2.5 steps inside 40 yd In | 5.75 steps in front of Back Hash (HS) |
| 21 | 32 | Right: 2.5 steps inside 40 yd In | 5.75 steps in front of Back Hash (HS) |
| 22 | 32 | Right: On 45 yd In | 12.0 steps in front of Back Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 40 yd In | 8.0 steps in front of Back Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 40 yd In | 8.0 steps in front of Back Hash (HS) |
| 25 | 24 | Right: 2.75 steps outside 45 yd In | 0.5 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 45 yd In | 12.0 steps in front of Back Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 2.0 steps outside 45 yd In | 12.0 steps behind Back Hash (HS) |
| 17 | 20 | On 50 yd In | 12.0 steps behind Back Hash (HS) |
| 18 | 16 | On 50 yd In | On Back side line |
| 19 | 16 | On 50 yd In | 6.0 steps behind Back Hash (HS) |
| 20 | 16 | On 50 yd In | 5.0 steps in front of Back Hash (HS) |
| 21 | 32 | On 50 yd In | 5.0 steps in front of Back Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 45 yd In | 12.0 steps in front of Back Hash (HS) |
| 23 | 32 | Right: On 45 yd In | 8.0 steps in front of Back Hash (HS) |
| 24 | 16 | Right: On 45 yd In | 8.0 steps in front of Back Hash (HS) |
| 25 | 24 | Left: 2.5 steps outside 50 yd In | On Back Hash (HS) |
| 26 | 29 | On 50 yd In | 12.0 steps in front of Back Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 35 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 4.0 steps outside 30 yd In | On Front side line |
| 18 | 16 | Right: 4.0 steps outside 30 yd In | On Front side line |
| 19 | 16 | Right: 4.0 steps outside 35 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Right: 1.25 steps inside 35 yd In | 12.0 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 1.25 steps inside 45 yd In | 9.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 40 yd In | On Front side line |
| 23 | 32 | Right: 2.0 steps inside 45 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Right: 2.0 steps outside 50 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Right: 2.0 steps inside 45 yd In | 8.0 steps behind Front side line |
| 26 | 29 | Left: 2.0 steps outside 50 yd In | On Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: On 25 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 2.0 steps inside 30 yd In | 12.0 steps behind Back Hash (HS) |
| 18 | 16 | Right: 2.0 steps inside 30 yd In | On Back side line |
| 19 | 16 | Right: 2.0 steps inside 30 yd In | 6.0 steps behind Back Hash (HS) |
| 20 | 16 | Right: On 25 yd In | 12.0 steps in front of Back Hash (HS) |
| 21 | 32 | Right: On 25 yd In | 12.0 steps in front of Back Hash (HS) |
| 22 | 32 | Right: On 30 yd In | 12.0 steps in front of Back Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 25 yd In | 8.0 steps in front of Back Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 25 yd In | 8.0 steps in front of Back Hash (HS) |
| 25 | 24 | Right: 4.0 steps outside 30 yd In | 8.0 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 30 yd In | 12.0 steps in front of Back Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Left: On 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: On 35 yd In | 13.0 steps behind Front side line |
| 18 | 16 | Left: 0.25 steps inside 45 yd In | 13.5 steps in front of Front Hash (HS) |
| 19 | 16 | Left: On 45 yd In | 6.5 steps behind Front side line |
| 20 | 16 | Left: 1.5 steps inside 40 yd In | 9.75 steps behind Front side line |
| 21 | 32 | Left: 1.5 steps inside 40 yd In | 9.75 steps behind Front side line |
| 22 | 32 | Left: 4.0 steps inside 30 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Left: 3.5 steps outside 35 yd In | 7.25 steps behind Front side line |
| 24 | 16 | Left: 1.0 steps outside 30 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 1.0 steps outside 35 yd In | 7.5 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 30 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|---|
| 16 | 0 | Left: 3.0 steps inside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 3.0 steps inside 35 yd In | 13.0 steps behind Front side line |
| 18 | 16 | Left: 3.25 steps inside 45 yd In | 13.75 steps in front of Front Hash (HS) |
| 19 | 16 | Left: 3.0 steps inside 45 yd In | 6.5 steps behind Front side line |
| 20 | 16 | Left: 2.0 steps inside 40 yd In | 7.25 steps behind Front side line |
| 21 | 32 | Left: 2.0 steps inside 40 yd In | 7.25 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 30 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: 1.75 steps inside 30 yd In | 6.5 steps behind Front side line |
| 24 | 16 | Left: 4.0 steps inside 25 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 4.0 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 30 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 2.0 steps outside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 2.0 steps outside 40 yd In | 13.25 steps behind Front side line |
| 18 | 16 | Left: 2.0 steps outside 50 yd In | 13.0 steps behind Front side line |
| 19 | 16 | Left: 2.0 steps outside 50 yd In | 7.0 steps behind Front side line |
| 20 | 16 | Left: 2.0 steps outside 45 yd In | 7.75 steps behind Front side line |
| 21 | 32 | Left: 2.0 steps outside 45 yd In | 7.75 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 35 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: 0.75 steps outside 35 yd In | 8.25 steps behind Front side line |
| 24 | 16 | Left: 2.0 steps inside 30 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 2.0 steps inside 35 yd In | 7.5 steps in front of Front Hash (HS) |
| 26 | 29 | Left: On 35 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 1.0 steps inside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 1.0 steps inside 40 yd In | 13.5 steps behind Front side line |
| 18 | 16 | Left: On 50 yd In | 10.75 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps outside 50 yd In | 7.5 steps behind Front side line |
| 20 | 16 | Left: 2.5 steps outside 45 yd In | 10.0 steps behind Front side line |
| 21 | 32 | Left: 2.5 steps outside 45 yd In | 10.0 steps behind Front side line |
| 22 | 32 | Left: On 35 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Left: 1.75 steps inside 35 yd In | 9.75 steps behind Front side line |
| 24 | 16 | Left: 3.0 steps outside 35 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 3.0 steps outside 40 yd In | 7.5 steps in front of Front Hash (HS) |
| 26 | 29 | Left: On 35 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 4.0 steps inside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 4.0 steps outside 45 yd In | 14.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps outside 50 yd In | 8.0 steps behind Front side line |
| 19 | 16 | Right: 4.0 steps outside 50 yd In | 8.0 steps behind Front side line |
| 20 | 16 | Left: 2.75 steps outside 45 yd In | 12.5 steps behind Front side line |
| 21 | 32 | Left: 2.75 steps outside 45 yd In | 12.5 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 35 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Left: 4.0 steps inside 35 yd In | 12.0 steps behind Front side line |
| 24 | 16 | Left: On 35 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: On 40 yd In | 8.0 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 35 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 25 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps inside 25 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps inside 25 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps inside 25 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps inside 35 yd In | 6.25 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps inside 35 yd In | 6.25 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps inside 45 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 35 yd In | 10.0 steps behind Front side line |
| 24 | 16 | Right: 4.0 steps outside 40 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: On 35 yd In | 2.0 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 30 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 30 yd In | 8.0 steps behind Front side line |
| 17 | 20 | Right: 4.0 steps outside 30 yd In | 8.0 steps behind Front side line |
| 18 | 16 | Right: 4.0 steps outside 30 yd In | 8.0 steps behind Front side line |
| 19 | 16 | Right: 4.0 steps outside 30 yd In | 8.0 steps behind Front side line |
| 20 | 16 | Right: 0.5 steps inside 35 yd In | 11.0 steps behind Front side line |
| 21 | 32 | Right: 0.5 steps inside 35 yd In | 11.0 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps outside 45 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 35 yd In | 14.0 steps behind Front side line |
| 24 | 16 | Right: 4.0 steps outside 40 yd In | 2.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 2.25 steps outside 40 yd In | 0.25 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 35 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Right: 1.25 steps inside 35 yd In | 8.5 steps behind Front side line |
| 21 | 32 | Right: 1.25 steps inside 35 yd In | 8.5 steps behind Front side line |
| 22 | 32 | Right: On 45 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 35 yd In | 12.0 steps behind Front side line |
| 24 | 16 | Right: 4.0 steps outside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 2.75 steps inside 35 yd In | 1.0 steps in front of Front Hash (HS) |
| 26 | 29 | Right: On 30 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 30 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps inside 30 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps inside 30 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps inside 30 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps inside 40 yd In | 7.25 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps inside 40 yd In | 7.25 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 50 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Right: On 40 yd In | 10.0 steps behind Front side line |
| 24 | 16 | Right: On 45 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 0.75 steps inside 40 yd In | 0.5 steps behind Front Hash (HS) |
| 26 | 29 | Right: On 35 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 35 yd In | 8.0 steps behind Front side line |
| 17 | 20 | Right: 4.0 steps outside 35 yd In | 8.0 steps behind Front side line |
| 18 | 16 | Right: 4.0 steps outside 35 yd In | 8.0 steps behind Front side line |
| 19 | 16 | Right: 4.0 steps outside 35 yd In | 8.0 steps behind Front side line |
| 20 | 16 | Right: 1.0 steps inside 40 yd In | 12.25 steps behind Front side line |
| 21 | 32 | Right: 1.0 steps inside 40 yd In | 12.25 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps outside 50 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Right: On 40 yd In | 14.0 steps behind Front side line |
| 24 | 16 | Right: On 45 yd In | 2.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 3.5 steps inside 40 yd In | 1.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 40 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Left: 4.0 steps inside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 0.5 steps outside 30 yd In | 6.5 steps in front of Front Hash (HS) |
| 18 | 16 | Left: 1.5 steps inside 35 yd In | 13.0 steps behind Front side line |
| 19 | 16 | Left: 2.0 steps inside 35 yd In | 10.25 steps behind Front side line |
| 20 | 16 | Left: 2.0 steps outside 35 yd In | 5.75 steps behind Front side line |
| 21 | 32 | Left: 2.0 steps outside 35 yd In | 5.75 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 25 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: 1.0 steps inside 20 yd In | 10.75 steps behind Front side line |
| 24 | 16 | Left: 2.0 steps outside 25 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Left: 0.75 steps inside 25 yd In | 11.5 steps behind Front side line |
| 26 | 29 | Left: On 25 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Left: 1.0 steps outside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 1.5 steps outside 30 yd In | 9.25 steps in front of Front Hash (HS) |
| 18 | 16 | Left: 3.5 steps outside 40 yd In | 13.0 steps behind Front side line |
| 19 | 16 | Left: 3.5 steps outside 40 yd In | 8.5 steps behind Front side line |
| 20 | 16 | Left: 1.25 steps inside 35 yd In | 8.5 steps behind Front side line |
| 21 | 32 | Left: 1.25 steps inside 35 yd In | 8.5 steps behind Front side line |
| 22 | 32 | Left: 4.0 steps inside 25 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Left: 0.75 steps inside 25 yd In | 6.75 steps behind Front side line |
| 24 | 16 | Left: 1.0 steps outside 30 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Left: 2.0 steps outside 30 yd In | 5.5 steps behind Front side line |
| 26 | 29 | Left: On 25 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 2.0 steps inside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 0.25 steps outside 30 yd In | 12.0 steps in front of Front Hash (HS) |
| 18 | 16 | Left: 0.5 steps outside 40 yd In | 13.25 steps behind Front side line |
| 19 | 16 | Left: 0.75 steps outside 40 yd In | 7.5 steps behind Front side line |
| 20 | 16 | Left: 2.0 steps inside 35 yd In | 6.25 steps behind Front side line |
| 21 | 32 | Left: 2.0 steps inside 35 yd In | 6.25 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 25 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: 2.0 steps outside 25 yd In | 7.5 steps behind Front side line |
| 24 | 16 | Left: 4.0 steps inside 25 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Left: 3.25 steps inside 25 yd In | 6.5 steps behind Front side line |
| 26 | 29 | Left: On 25 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 3.0 steps outside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 2.25 steps inside 30 yd In | 13.5 steps in front of Front Hash (HS) |
| 18 | 16 | Left: 2.5 steps inside 40 yd In | 13.75 steps behind Front side line |
| 19 | 16 | Left: 2.25 steps inside 40 yd In | 6.75 steps behind Front side line |
| 20 | 16 | Left: 2.75 steps outside 40 yd In | 9.25 steps behind Front side line |
| 21 | 32 | Left: 2.75 steps outside 40 yd In | 9.25 steps behind Front side line |
| 22 | 32 | Left: On 30 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Left: 1.25 steps outside 30 yd In | 6.25 steps behind Front side line |
| 24 | 16 | Left: 3.0 steps outside 35 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Left: 4.0 steps inside 30 yd In | 5.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 25 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---|
| 16 | 0 | Left: On 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 3.0 steps outside 35 yd In | 13.5 steps behind Front side line |
| 18 | 16 | Left: 2.75 steps outside 45 yd In | 13.75 steps in front of Front Hash (HS) |
| 19 | 16 | Left: 3.0 steps outside 45 yd In | 6.5 steps behind Front side line |
| 20 | 16 | Left: 2.25 steps outside 40 yd In | 7.0 steps behind Front side line |
| 21 | 32 | Left: 2.25 steps outside 40 yd In | 7.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: 3.75 steps inside 25 yd In | 6.25 steps behind Front side line |
| 24 | 16 | Left: 2.0 steps inside 30 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Left: 1.0 steps inside 30 yd In | 5.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 25 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|---------------------------------------|
| 16 | 0 | Left: On 30 yd In | 2.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 1.25 steps inside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Left: 1.5 steps outside 35 yd In | 13.25 steps behind Front side line |
| 19 | 16 | Left: 0.25 steps inside 35 yd In | 12.75 steps behind Front side line |
| 20 | 16 | Left: 3.0 steps outside 35 yd In | 7.75 steps behind Front side line |
| 21 | 32 | Left: 3.0 steps outside 35 yd In | 7.75 steps behind Front side line |
| 22 | 32 | Left: On 25 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Left: 3.25 steps inside 20 yd In | 8.75 steps behind Front side line |
| 24 | 16 | Left: 1.0 steps inside 25 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Left: 1.25 steps inside 25 yd In | 8.75 steps behind Front side line |
| 26 | 29 | Left: On 25 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|---|
| 16 | 0 | Left: 3.0 steps inside 30 yd In | 2.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 3.25 steps inside 30 yd In | 2.0 steps in front of Front Hash (HS) |
| 18 | 16 | Left: 3.75 steps inside 30 yd In | 14.0 steps behind Front side line |
| 19 | 16 | Left: 1.0 steps outside 35 yd In | 12.5 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 2.0 steps inside 30 yd In | 5.0 steps behind Front side line |
| 21 | 32 | Left: 2.0 steps inside 30 yd In | 5.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 20 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: 0.25 steps inside 20 yd In | 13.25 steps behind Front side line |
| 24 | 16 | Left: 3.0 steps inside 20 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Left: 1.75 steps inside 25 yd In | 13.75 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 25 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---|
| 16 | 0 | Left: 2.0 steps outside 35 yd In | 2.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 2.25 steps outside 35 yd In | On Front Hash (HS) |
| 18 | 16 | Left: 1.0 steps inside 30 yd In | 12.75 steps in front of Front Hash (HS) |
| 19 | 16 | Left: 1.5 steps outside 35 yd In | 9.75 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 1.0 steps inside 30 yd In | 7.0 steps behind Front side line |
| 21 | 32 | Left: 1.0 steps inside 30 yd In | 7.0 steps behind Front side line |
| 22 | 32 | Left: 4.0 steps inside 20 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Left: 1.75 steps inside 20 yd In | 12.25 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 3.0 steps inside 20 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 4.0 steps inside 25 yd In | 11.5 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 25 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 1.0 steps inside 35 yd In | 2.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 0.25 steps inside 35 yd In | 1.75 steps behind Front Hash (HS) |
| 18 | 16 | Left: 0.75 steps outside 30 yd In | 10.5 steps in front of Front Hash (HS) |
| 19 | 16 | Left: 1.25 steps outside 35 yd In | 6.75 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 0.25 steps inside 30 yd In | 9.0 steps behind Front side line |
| 21 | 32 | Left: 0.25 steps inside 30 yd In | 9.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 25 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Left: 3.75 steps outside 25 yd In | 10.5 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 2.0 steps outside 25 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 1.5 steps outside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 26 | 29 | Left: On 30 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: On 35 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 0.5 steps outside 45 yd In | 2.5 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 0.25 steps inside 35 yd In | 8.25 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 3.5 steps inside 35 yd In | 8.75 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 3.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 3.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Right: 3.0 steps inside 45 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 2.0 steps outside 40 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 3.0 steps inside 35 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 2.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 3.0 steps inside 45 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|---------------------------------------|
| 16 | 0 | Right: 3.0 steps outside 35 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 3.5 steps outside 45 yd In | 3.0 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 2.25 steps outside 35 yd In | 10.0 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 0.75 steps inside 35 yd In | 9.5 steps in front of Back Hash (HS) |
| 20 | 16 | Right: On 40 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: On 40 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Right: On 45 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 3.0 steps inside 35 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: On 35 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 1.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: On 45 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 2.0 steps inside 30 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 1.5 steps inside 40 yd In | 3.75 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 3.5 steps inside 30 yd In | 12.0 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 2.25 steps outside 35 yd In | 10.25 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 3.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 3.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Right: 3.0 steps outside 45 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: On 35 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 3.0 steps outside 35 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 4.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 3.0 steps outside 45 yd In | 2.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|---------------------------------------|
| 16 | 0 | Right: 1.0 steps outside 30 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 1.25 steps outside 40 yd In | 4.75 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 1.5 steps inside 30 yd In | 13.75 steps behind Front Hash (HS) |
| 19 | 16 | Right: 2.75 steps inside 30 yd In | 11.0 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 2.0 steps inside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 2.0 steps inside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Right: 2.0 steps inside 40 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 3.0 steps outside 35 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 2.0 steps inside 30 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 1.0 steps inside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 2.0 steps inside 40 yd In | 2.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 4.0 steps outside 30 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 4.0 steps outside 40 yd In | 6.0 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 0.5 steps outside 30 yd In | 11.5 steps behind Front Hash (HS) |
| 19 | 16 | Right: On 30 yd In | 12.0 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 1.0 steps outside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 1.0 steps outside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Right: 1.0 steps outside 40 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 2.0 steps inside 30 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 1.0 steps outside 30 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 2.0 steps outside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 1.0 steps outside 40 yd In | 2.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 20 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps inside 20 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps inside 20 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps inside 20 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: On 25 yd In | 12.0 steps in front of Front Hash (HS) |
| 21 | 32 | Right: On 25 yd In | 12.0 steps in front of Front Hash (HS) |
| 22 | 32 | Right: On 35 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 20 yd In | 6.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 30 yd In | 12.0 steps behind Front side line |
| 25 | 24 | Right: 3.25 steps inside 20 yd In | 11.75 steps behind Front side line |
| 26 | 29 | Right: On 25 yd In | 14.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 1.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 1.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 2.0 steps outside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 20 yd In | 4.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 30 yd In | 12.0 steps behind Front side line |
| 25 | 24 | Right: 4.0 steps inside 20 yd In | 13.5 steps in front of Front Hash (HS) |
| 26 | 29 | Right: On 25 yd In | 10.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps inside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps inside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps inside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 1.25 steps inside 30 yd In | 9.0 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 1.25 steps inside 30 yd In | 9.0 steps in front of Front Hash (HS) |
| 22 | 32 | Right: On 40 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 30 yd In | 6.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: On 35 yd In | 10.0 steps behind Front side line |
| 25 | 24 | Right: 3.0 steps inside 25 yd In | 4.75 steps behind Front side line |
| 26 | 29 | Right: On 30 yd In | 6.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---|
| 16 | 0 | Right: 4.0 steps outside 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 4.0 steps outside 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 4.0 steps outside 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 4.0 steps outside 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 2.0 steps outside 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 2.0 steps outside 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 4.0 steps outside 35 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 20 yd In | 2.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 30 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Right: 2.5 steps outside 25 yd In | 10.75 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 30 yd In | 10.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 25 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps outside 25 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps outside 25 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps outside 25 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 3.5 steps outside 30 yd In | 10.5 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 3.5 steps outside 30 yd In | 10.5 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 4.0 steps outside 40 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 25 yd In | 12.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: On 30 yd In | 4.0 steps behind Front side line |
| 25 | 24 | Right: On 25 yd In | 5.25 steps behind Front side line |
| 26 | 29 | Right: 4.0 steps outside 30 yd In | 6.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: On 25 yd In | 2.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: On 25 yd In | 2.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: On 25 yd In | 2.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: On 25 yd In | 2.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 2.75 steps inside 25 yd In | 6.25 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 2.75 steps inside 25 yd In | 6.25 steps in front of Front Hash (HS) |
| 22 | 32 | Right: On 35 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: On 30 yd In | 8.0 steps behind Front side line |
| 25 | 24 | Right: 3.5 steps inside 20 yd In | 8.75 steps behind Front side line |
| 26 | 29 | Right: On 25 yd In | 10.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 25 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps inside 25 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps inside 25 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps inside 25 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 3.75 steps inside 25 yd In | 8.25 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 3.75 steps inside 25 yd In | 8.25 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 2.0 steps inside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: On 30 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Right: 2.75 steps outside 25 yd In | 6.5 steps behind Front side line |
| 26 | 29 | Right: On 25 yd In | 6.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps outside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps outside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps outside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 2.25 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 2.25 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 4.0 steps outside 45 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 30 yd In | 12.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 40 yd In | 4.0 steps behind Front side line |
| 25 | 24 | Right: 4.0 steps outside 35 yd In | 5.0 steps behind Front side line |
| 26 | 29 | Right: 4.0 steps outside 40 yd In | 6.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: On 30 yd In | 2.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: On 30 yd In | 2.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: On 30 yd In | 2.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: On 30 yd In | 2.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 3.5 steps outside 35 yd In | 3.5 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 3.5 steps outside 35 yd In | 3.5 steps in front of Front Hash (HS) |
| 22 | 32 | Right: On 40 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 30 yd In | 8.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 40 yd In | 8.0 steps behind Front side line |
| 25 | 24 | Right: 2.0 steps outside 30 yd In | 4.5 steps behind Front side line |
| 26 | 29 | Right: 4.0 steps outside 35 yd In | 6.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps inside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps inside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps inside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 2.75 steps outside 35 yd In | 5.75 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 2.75 steps outside 35 yd In | 5.75 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 2.0 steps inside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 40 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Right: 1.0 steps inside 30 yd In | 4.75 steps behind Front side line |
| 26 | 29 | Right: On 35 yd In | 6.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 2.5 steps inside 45 yd In | 6.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 4.0 steps inside 45 yd In | 4.5 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 3.75 steps outside 45 yd In | 5.5 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 0.25 steps outside 45 yd In | 10.25 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 0.5 steps outside 50 yd In | 6.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 0.5 steps outside 50 yd In | 6.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 0.5 steps inside 45 yd In | On Front Hash (HS) |
| 23 | 32 | Right: 2.5 steps inside 45 yd In | 4.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 0.5 steps outside 45 yd In | 4.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 1.5 steps outside 50 yd In | 6.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: 0.5 steps inside 45 yd In | 4.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 0.5 steps outside 45 yd In | 6.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 1.0 steps outside 50 yd In | 4.25 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 1.25 steps inside 40 yd In | 6.0 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 3.0 steps outside 45 yd In | 10.0 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 3.5 steps outside 50 yd In | 6.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 3.5 steps outside 50 yd In | 6.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 3.5 steps inside 45 yd In | On Front Hash (HS) |
| 23 | 32 | Right: 0.5 steps outside 45 yd In | 4.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 3.5 steps outside 45 yd In | 4.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 3.5 steps inside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: 3.5 steps inside 45 yd In | 4.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 3.5 steps outside 45 yd In | 6.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 2.0 steps outside 50 yd In | 4.25 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 1.5 steps outside 40 yd In | 7.0 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 2.25 steps inside 40 yd In | 10.0 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 1.5 steps inside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 1.5 steps inside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 1.5 steps outside 50 yd In | On Front Hash (HS) |
| 23 | 32 | Right: 3.5 steps outside 45 yd In | 4.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 1.5 steps inside 40 yd In | 4.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 0.5 steps inside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: 1.5 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|---------------------------------------|
| 16 | 0 | Right: 1.5 steps inside 40 yd In | 6.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 3.0 steps inside 45 yd In | 4.5 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 4.0 steps inside 35 yd In | 8.5 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 0.75 steps outside 40 yd In | 10.5 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 1.5 steps outside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 1.5 steps outside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 22 | 32 | Right: 1.5 steps outside 50 yd In | On Front Hash (HS) |
| 23 | 32 | Right: 1.5 steps inside 40 yd In | 4.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 1.5 steps outside 40 yd In | 4.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 2.5 steps outside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 1.5 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 40 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps inside 40 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps inside 40 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps inside 40 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Left: 2.0 steps outside 50 yd In | 8.0 steps behind Front side line |
| 21 | 32 | Left: 2.0 steps outside 50 yd In | 8.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 40 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: On 45 yd In | 10.0 steps behind Front side line |
| 24 | 16 | Left: On 40 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 0.25 steps outside 45 yd In | 0.25 steps behind Front Hash (HS) |
| 26 | 29 | Left: On 45 yd In | 10.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 45 yd In | 8.0 steps behind Front side line |
| 17 | 20 | Right: 4.0 steps outside 45 yd In | 8.0 steps behind Front side line |
| 18 | 16 | Right: 4.0 steps outside 45 yd In | 8.0 steps behind Front side line |
| 19 | 16 | Right: 4.0 steps outside 45 yd In | 8.0 steps behind Front side line |
| 20 | 16 | Left: 2.25 steps outside 50 yd In | 13.0 steps behind Front side line |
| 21 | 32 | Left: 2.25 steps outside 50 yd In | 13.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 40 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Left: On 45 yd In | 14.0 steps behind Front side line |
| 24 | 16 | Left: On 40 yd In | 2.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 2.5 steps outside 50 yd In | 1.75 steps behind Front Hash (HS) |
| 26 | 29 | On 50 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 45 yd In | 6.0 steps behind Front side line |
| 17 | 20 | Right: 3.0 steps outside 45 yd In | 6.0 steps behind Front side line |
| 18 | 16 | Right: 3.0 steps outside 45 yd In | 6.0 steps behind Front side line |
| 19 | 16 | Right: 3.0 steps outside 45 yd In | 6.0 steps behind Front side line |
| 20 | 16 | Left: 2.0 steps outside 50 yd In | 10.5 steps behind Front side line |
| 21 | 32 | Left: 2.0 steps outside 50 yd In | 10.5 steps behind Front side line |
| 22 | 32 | Left: On 40 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Left: On 45 yd In | 12.0 steps behind Front side line |
| 24 | 16 | Left: On 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 2.5 steps inside 45 yd In | 1.25 steps behind Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 45 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: On 45 yd In | 14.0 steps behind Front side line |
| 17 | 20 | Right: On 45 yd In | 14.0 steps behind Front side line |
| 18 | 16 | Right: On 45 yd In | 14.0 steps behind Front side line |
| 19 | 16 | Right: On 45 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Left: 1.5 steps inside 45 yd In | 12.75 steps behind Front side line |
| 21 | 32 | Left: 1.5 steps inside 45 yd In | 12.75 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 40 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Left: 4.0 steps inside 40 yd In | 8.0 steps behind Front side line |
| 24 | 16 | Left: 4.0 steps inside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 2.75 steps outside 45 yd In | 1.5 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 40 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 45 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps inside 45 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps inside 45 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps inside 45 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Left: 1.75 steps inside 45 yd In | 10.25 steps behind Front side line |
| 21 | 32 | Left: 1.75 steps inside 45 yd In | 10.25 steps behind Front side line |
| 22 | 32 | Left: 4.0 steps inside 35 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Left: 4.0 steps inside 40 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Left: 4.0 steps inside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 4.0 steps outside 45 yd In | 4.25 steps in front of Front Hash (HS) |
| 26 | 29 | Left: On 40 yd In | 10.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 45 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps outside 45 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps outside 45 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps outside 45 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Left: 2.0 steps inside 45 yd In | 8.0 steps behind Front side line |
| 21 | 32 | Left: 2.0 steps inside 45 yd In | 8.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 35 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: 4.0 steps inside 40 yd In | 4.0 steps behind Front side line |
| 24 | 16 | Left: 4.0 steps inside 35 yd In | 12.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 4.0 steps outside 45 yd In | 7.25 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 35 yd In | 10.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 40 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps inside 40 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps inside 40 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps inside 40 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps outside 50 yd In | 10.5 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps outside 50 yd In | 10.5 steps behind Front side line |
| 22 | 32 | Left: 4.0 steps inside 40 yd In | 9.0 steps behind Front side line |
| 23 | 32 | On 50 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Left: On 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 1.0 steps inside 45 yd In | 9.75 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 40 yd In | 14.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: On 40 yd In | 14.0 steps behind Front side line |
| 17 | 20 | Right: On 40 yd In | 14.0 steps behind Front side line |
| 18 | 16 | Right: On 40 yd In | 14.0 steps behind Front side line |
| 19 | 16 | Right: On 40 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Right: 2.25 steps outside 50 yd In | 13.0 steps behind Front side line |
| 21 | 32 | Right: 2.25 steps outside 50 yd In | 13.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 45 yd In | 12.0 steps behind Front side line |
| 23 | 32 | On 50 yd In | 8.0 steps behind Front side line |
| 24 | 16 | Left: On 45 yd In | 8.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 1.75 steps outside 45 yd In | 9.25 steps in front of Front Hash (HS) |
| 26 | 29 | Left: On 40 yd In | 14.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 40 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps outside 40 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps outside 40 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps outside 40 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps outside 50 yd In | 8.0 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps outside 50 yd In | 8.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 40 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: On 50 yd In | 4.0 steps behind Front side line |
| 24 | 16 | Left: On 45 yd In | 12.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 4.0 steps outside 50 yd In | 9.75 steps in front of Front Hash (HS) |
| 26 | 29 | Left: On 45 yd In | 14.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 35 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps inside 35 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps inside 35 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps inside 35 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 2.5 steps outside 45 yd In | 10.0 steps behind Front side line |
| 21 | 32 | Right: 2.5 steps outside 45 yd In | 10.0 steps behind Front side line |
| 22 | 32 | Left: 4.0 steps inside 45 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 45 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Right: 4.0 steps outside 50 yd In | 10.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 2.0 steps outside 50 yd In | 9.5 steps in front of Front Hash (HS) |
| 26 | 29 | On 50 yd In | 14.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|---------------------------------------|
| 16 | 0 | Right: On 35 yd In | 14.0 steps behind Front side line |
| 17 | 20 | Right: On 35 yd In | 14.0 steps behind Front side line |
| 18 | 16 | Right: On 35 yd In | 14.0 steps behind Front side line |
| 19 | 16 | Right: On 35 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Right: 2.75 steps outside 45 yd In | 12.5 steps behind Front side line |
| 21 | 32 | Right: 2.75 steps outside 45 yd In | 12.5 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 50 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 45 yd In | 8.0 steps behind Front side line |
| 24 | 16 | Right: 4.0 steps outside 50 yd In | 8.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 3.0 steps inside 45 yd In | 9.0 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 50 yd In | 14.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 35 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps outside 35 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps outside 35 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps outside 35 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps outside 45 yd In | 7.75 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps outside 45 yd In | 7.75 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 45 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Right: 4.0 steps outside 45 yd In | 4.0 steps behind Front side line |
| 24 | 16 | Right: 4.0 steps outside 50 yd In | 12.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 1.0 steps outside 50 yd In | 9.75 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 45 yd In | 14.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 30 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps inside 30 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps inside 30 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps inside 30 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 2.75 steps outside 40 yd In | 9.25 steps behind Front side line |
| 21 | 32 | Right: 2.75 steps outside 40 yd In | 9.25 steps behind Front side line |
| 22 | 32 | Right: 4.0 steps outside 50 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Right: On 35 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Right: On 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 3.0 steps outside 45 yd In | 8.25 steps in front of Front Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 45 yd In | 14.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: On 30 yd In | 14.0 steps behind Front side line |
| 17 | 20 | Right: On 30 yd In | 14.0 steps behind Front side line |
| 18 | 16 | Right: On 30 yd In | 14.0 steps behind Front side line |
| 19 | 16 | Right: On 30 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Right: 3.25 steps outside 40 yd In | 11.5 steps behind Front side line |
| 21 | 32 | Right: 3.25 steps outside 40 yd In | 11.5 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps inside 45 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Right: On 35 yd In | 8.0 steps behind Front side line |
| 24 | 16 | Right: On 40 yd In | 8.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: 2.0 steps inside 40 yd In | 7.75 steps in front of Front Hash (HS) |
| 26 | 29 | Right: On 40 yd In | 14.0 steps behind Front side line |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 30 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 1.0 steps outside 30 yd In | 12.0 steps behind Front side line |
| 18 | 16 | Right: 1.0 steps outside 30 yd In | 12.0 steps behind Front side line |
| 19 | 16 | Right: 1.0 steps outside 30 yd In | 12.0 steps behind Front side line |
| 20 | 16 | Right: 2.0 steps outside 40 yd In | 7.0 steps behind Front side line |
| 21 | 32 | Right: 2.0 steps outside 40 yd In | 7.0 steps behind Front side line |
| 22 | 32 | Right: 2.0 steps outside 50 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Right: On 35 yd In | 4.0 steps behind Front side line |
| 24 | 16 | Right: On 40 yd In | 12.0 steps in front of Front Hash (HS) |
| 25 | 24 | Right: On 45 yd In | 8.75 steps in front of Front Hash (HS) |
| 26 | 29 | Right: On 45 yd In | 14.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 30 yd In | 12.0 steps behind Front side line |
| 17 | 20 | Right: 4.0 steps outside 25 yd In | On Front side line |
| 18 | 16 | Right: 4.0 steps outside 25 yd In | On Front side line |
| 19 | 16 | Right: 4.0 steps outside 30 yd In | 14.0 steps behind Front side line |
| 20 | 16 | Right: 4.0 steps outside 30 yd In | 13.0 steps behind Front side line |
| 21 | 32 | Right: 4.0 steps outside 40 yd In | 11.0 steps in front of Front Hash (HS) |
| 22 | 32 | On 50 yd In | On Front side line |
| 23 | 32 | Right: 2.0 steps outside 40 yd In | 6.0 steps behind Front side line |
| 24 | 16 | Right: 2.0 steps inside 40 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Right: 2.0 steps outside 40 yd In | 8.0 steps behind Front side line |
| 26 | 29 | Right: 2.0 steps outside 45 yd In | On Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 2.0 steps inside 30 yd In | 12.0 steps behind Back Hash (HS) |
| 17 | 20 | Right: 4.0 steps outside 40 yd In | 12.0 steps behind Back Hash (HS) |
| 18 | 16 | Right: 4.0 steps outside 40 yd In | On Back side line |
| 19 | 16 | Right: 4.0 steps outside 40 yd In | 6.0 steps behind Back Hash (HS) |
| 20 | 16 | Right: 3.0 steps outside 35 yd In | 8.25 steps in front of Back Hash (HS) |
| 21 | 32 | Right: 3.0 steps outside 35 yd In | 8.25 steps in front of Back Hash (HS) |
| 22 | 32 | Right: 4.0 steps outside 40 yd In | 12.0 steps in front of Back Hash (HS) |
| 23 | 32 | Right: On 30 yd In | 8.0 steps in front of Back Hash (HS) |
| 24 | 16 | Right: On 30 yd In | 8.0 steps in front of Back Hash (HS) |
| 25 | 24 | Right: 0.25 steps inside 35 yd In | 3.25 steps in front of Back Hash (HS) |
| 26 | 29 | Right: On 35 yd In | 12.0 steps in front of Back Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 3.0 steps inside 45 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 3.5 steps inside 45 yd In | 2.0 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 4.0 steps outside 45 yd In | 3.25 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 0.5 steps inside 45 yd In | 7.75 steps in front of Back Hash (HS) |
| 20 | 16 | On 50 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | On 50 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: On 45 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 3.0 steps inside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: On 45 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 1.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: On 45 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 1.0 steps inside 45 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 2.5 steps outside 50 yd In | 2.0 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 2.25 steps inside 40 yd In | 3.75 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 1.5 steps outside 45 yd In | 7.75 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 2.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 2.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps inside 45 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 1.0 steps inside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 2.0 steps outside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 3.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: 2.0 steps inside 45 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 1.0 steps outside 45 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 0.5 steps outside 50 yd In | 2.0 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 0.25 steps inside 40 yd In | 4.25 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 3.5 steps outside 45 yd In | 7.75 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 4.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 4.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 45 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 1.0 steps outside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 3.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 45 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|---------------------------------------|
| 16 | 0 | Right: 3.0 steps outside 45 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 1.5 steps outside 50 yd In | 2.0 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 1.75 steps outside 40 yd In | 5.0 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 2.5 steps inside 40 yd In | 8.0 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 2.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 2.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps outside 50 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 3.0 steps outside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 2.0 steps inside 40 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 1.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: 2.0 steps outside 50 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 3.0 steps inside 40 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 3.5 steps outside 50 yd In | 2.0 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 3.5 steps outside 40 yd In | 5.75 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 0.5 steps inside 40 yd In | 8.25 steps in front of Back Hash (HS) |
| 20 | 16 | Right: On 45 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: On 45 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | On 50 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 3.0 steps inside 40 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: On 40 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 1.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | On 50 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 1.0 steps inside 40 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Right: 2.5 steps inside 45 yd In | 2.25 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 2.75 steps inside 35 yd In | 6.75 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 1.5 steps outside 40 yd In | 8.5 steps in front of Back Hash (HS) |
| 20 | 16 | Right: 2.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Right: 2.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Right: 2.0 steps outside 50 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 1.0 steps inside 40 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 2.0 steps outside 40 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 3.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 2.0 steps outside 50 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 2.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: 3.5 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Left: 3.0 steps inside 40 yd In | 8.5 steps behind Front Hash (HS) |
| 19 | 16 | Left: 3.0 steps outside 35 yd In | 5.5 steps behind Front Hash (HS) |
| 20 | 16 | Left: 2.75 steps inside 25 yd In | 6.25 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 2.75 steps inside 25 yd In | 6.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 25 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 1.25 steps inside 30 yd In | 10.75 steps behind Front Hash (HS) |
| 24 | 16 | Left: 1.0 steps inside 40 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 1.5 steps outside 50 yd In | 11.25 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 2.0 steps outside 45 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: 2.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Left: 1.75 steps inside 40 yd In | 5.75 steps behind Front Hash (HS) |
| 19 | 16 | Left: 3.0 steps inside 30 yd In | 3.5 steps behind Front Hash (HS) |
| 20 | 16 | Left: 3.75 steps inside 25 yd In | 8.25 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 3.75 steps inside 25 yd In | 8.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps inside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 4.0 steps outside 30 yd In | 2.25 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 25 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 1.75 steps inside 35 yd In | 13.75 steps behind Front Hash (HS) |
| 26 | 29 | Left: 3.0 steps outside 45 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: 0.5 steps outside 50 yd In | 8.25 steps behind Front Hash (HS) |
| 18 | 16 | Left: 0.25 steps inside 40 yd In | 9.0 steps behind Front Hash (HS) |
| 19 | 16 | Left: 0.5 steps outside 35 yd In | 7.25 steps behind Front Hash (HS) |
| 20 | 16 | Left: 0.25 steps inside 30 yd In | 7.0 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 0.25 steps inside 30 yd In | 7.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps outside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 1.0 steps outside 30 yd In | 2.25 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 2.0 steps inside 30 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 0.25 steps outside 40 yd In | 12.75 steps in front of Back Hash (HS) |
| 26 | 29 | Left: 3.0 steps inside 45 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 1.0 steps outside 50 yd In | 7.75 steps behind Front Hash (HS) |
| 18 | 16 | Left: 1.0 steps outside 40 yd In | 5.0 steps behind Front Hash (HS) |
| 19 | 16 | Left: 1.0 steps inside 30 yd In | 1.25 steps behind Front Hash (HS) |
| 20 | 16 | Left: 3.5 steps outside 30 yd In | 10.5 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 3.5 steps outside 30 yd In | 10.5 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 25 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 1.25 steps inside 25 yd In | 1.25 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 2.0 steps outside 25 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 3.75 steps outside 35 yd In | 11.25 steps behind Front Hash (HS) |
| 26 | 29 | Left: 1.0 steps outside 40 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 2.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 2.5 steps outside 50 yd In | 8.25 steps behind Front Hash (HS) |
| 18 | 16 | Left: 2.5 steps outside 40 yd In | 10.5 steps behind Front Hash (HS) |
| 19 | 16 | Left: 2.25 steps inside 35 yd In | 8.5 steps behind Front Hash (HS) |
| 20 | 16 | Left: 0.5 steps outside 30 yd In | 4.75 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 0.5 steps outside 30 yd In | 4.75 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 30 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 3.75 steps outside 35 yd In | 11.25 steps behind Front Hash (HS) |
| 24 | 16 | Left: 1.0 steps outside 45 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 3.5 steps inside 45 yd In | 11.25 steps in front of Back Hash (HS) |
| 26 | 29 | Right: On 40 yd In | 4.0 steps behind Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 4.0 steps outside 50 yd In | 7.75 steps behind Front Hash (HS) |
| 18 | 16 | Left: 3.75 steps outside 40 yd In | 3.75 steps behind Front Hash (HS) |
| 19 | 16 | Left: 0.75 steps outside 30 yd In | 1.25 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 2.0 steps outside 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 2.0 steps outside 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 25 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 1.75 steps outside 30 yd In | 10.0 steps behind Front Hash (HS) |
| 24 | 16 | Left: 3.0 steps inside 35 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 0.5 steps inside 45 yd In | 11.5 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 4.0 steps outside 50 yd In | 4.0 steps behind Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | On 50 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 2.5 steps inside 45 yd In | 8.25 steps behind Front Hash (HS) |
| 18 | 16 | Left: 3.75 steps inside 35 yd In | 12.75 steps behind Front Hash (HS) |
| 19 | 16 | Left: 3.0 steps outside 40 yd In | 9.5 steps behind Front Hash (HS) |
| 20 | 16 | Left: 3.0 steps outside 35 yd In | 5.75 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 3.0 steps outside 35 yd In | 5.75 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps inside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 2.0 steps inside 30 yd In | 2.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: On 35 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 2.5 steps outside 45 yd In | 11.75 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 1.0 steps outside 50 yd In | 4.0 steps behind Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Left: 3.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 1.0 steps inside 45 yd In | 7.25 steps behind Front Hash (HS) |
| 18 | 16 | Left: 1.5 steps inside 35 yd In | 2.5 steps behind Front Hash (HS) |
| 19 | 16 | Left: 2.0 steps outside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 1.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 1.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps outside 25 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 3.5 steps inside 25 yd In | 8.75 steps behind Front Hash (HS) |
| 24 | 16 | Left: 3.0 steps outside 35 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 2.5 steps inside 40 yd In | 12.0 steps in front of Back Hash (HS) |
| 26 | 29 | Left: 2.0 steps outside 50 yd In | 4.0 steps behind Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Left: 2.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 0.5 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Left: 2.75 steps inside 35 yd In | 12.5 steps in front of Back Hash (HS) |
| 19 | 16 | Left: On 40 yd In | 10.25 steps behind Front Hash (HS) |
| 20 | 16 | Left: 3.5 steps outside 35 yd In | 3.5 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 3.5 steps outside 35 yd In | 3.5 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 30 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 1.0 steps outside 35 yd In | 11.75 steps behind Front Hash (HS) |
| 24 | 16 | Left: 2.0 steps inside 45 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 0.5 steps inside 45 yd In | 11.5 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 3.0 steps outside 40 yd In | 4.0 steps behind Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Left: 3.0 steps inside 40 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 2.75 steps inside 40 yd In | 3.5 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 3.0 steps outside 50 yd In | 2.0 steps in front of Back Hash (HS) |
| 19 | 16 | Left: 1.5 steps outside 50 yd In | 8.5 steps in front of Back Hash (HS) |
| 20 | 16 | Left: 1.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Left: 1.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 1.0 steps outside 40 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Left: 1.0 steps outside 50 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: On 45 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: 1.0 steps outside 40 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Left: 2.0 steps outside 45 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 2.25 steps outside 45 yd In | 2.75 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 2.0 steps inside 45 yd In | 2.25 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 1.5 steps outside 50 yd In | 8.0 steps in front of Back Hash (HS) |
| 20 | 16 | Left: 2.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Left: 2.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps inside 40 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Left: 1.0 steps outside 50 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 2.0 steps outside 50 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 3.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: 2.0 steps inside 40 yd In | 2.0 steps in front of Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Left: 1.0 steps inside 45 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 0.5 steps inside 45 yd In | 2.25 steps in front of Back Hash (HS) |
| 18 | 16 | Right: 1.0 steps outside 45 yd In | 2.5 steps in front of Back Hash (HS) |
| 19 | 16 | Right: 3.5 steps inside 45 yd In | 7.75 steps in front of Back Hash (HS) |
| 20 | 16 | Left: 3.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Left: 3.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 3.0 steps outside 45 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Right: 2.0 steps outside 50 yd In | 6.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 3.0 steps inside 45 yd In | 6.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 2.0 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 26 | 29 | Left: 3.0 steps outside 45 yd In | 2.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps inside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps inside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps inside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 2.5 steps inside 35 yd In | 7.0 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 2.5 steps inside 35 yd In | 7.0 steps in front of Front Hash (HS) |
| 22 | 32 | Right: On 45 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 35 yd In | 6.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 45 yd In | 10.0 steps behind Front side line |
| 25 | 24 | Right: 4.0 steps outside 40 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Right: 4.0 steps outside 45 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps outside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps outside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps outside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 0.75 steps outside 40 yd In | 6.25 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 0.75 steps outside 40 yd In | 6.25 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 4.0 steps outside 50 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 40 yd In | 12.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: On 45 yd In | 4.0 steps behind Front side line |
| 25 | 24 | Right: 4.0 steps outside 40 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Right: 4.0 steps outside 45 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps outside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps outside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps outside 30 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 0.25 steps inside 30 yd In | 7.0 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 0.25 steps inside 30 yd In | 7.0 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 2.0 steps outside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 30 yd In | 4.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: On 35 yd In | 12.0 steps behind Front side line |
| 25 | 24 | Right: On 35 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Right: On 40 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 30 yd In | 8.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 4.0 steps outside 30 yd In | 8.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 4.0 steps outside 30 yd In | 8.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 4.0 steps outside 30 yd In | 8.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 0.5 steps outside 30 yd In | 4.75 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 0.5 steps outside 30 yd In | 4.75 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 4.0 steps outside 40 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 30 yd In | 2.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: On 35 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Right: On 35 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Right: On 40 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps outside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps outside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps outside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 2.0 steps inside 35 yd In | 4.5 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 2.0 steps inside 35 yd In | 4.5 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 2.0 steps outside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 45 yd In | 12.0 steps behind Front side line |
| 25 | 24 | Right: On 40 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Right: On 45 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps inside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps inside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps inside 35 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 1.25 steps outside 40 yd In | 3.75 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 1.25 steps outside 40 yd In | 3.75 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 2.0 steps inside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: On 45 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Right: On 40 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Right: On 45 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 4.0 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 4.0 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 4.0 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 1.5 steps inside 35 yd In | 2.25 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 1.5 steps inside 35 yd In | 2.25 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 4.0 steps outside 45 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 35 yd In | 2.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 45 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Right: 4.0 steps outside 45 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Right: 4.0 steps outside 50 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: On 35 yd In | 2.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: On 35 yd In | 2.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: On 35 yd In | 2.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: On 35 yd In | 2.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 1.75 steps outside 40 yd In | 1.25 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 1.75 steps outside 40 yd In | 1.25 steps in front of Front Hash (HS) |
| 22 | 32 | Right: On 45 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 40 yd In | 8.0 steps in front of Front Hash (HS) |
| 24 | 16 | Right: On 45 yd In | 8.0 steps behind Front side line |
| 25 | 24 | Right: 4.0 steps outside 45 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Right: 4.0 steps outside 50 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps outside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps outside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps outside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 0.75 steps inside 45 yd In | 5.25 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 0.75 steps inside 45 yd In | 5.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 45 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 45 yd In | 12.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 45 yd In | 4.0 steps behind Front side line |
| 25 | 24 | Right: On 45 yd In | 4.0 steps behind Front side line |
| 26 | 29 | On 50 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: On 35 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: On 45 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Left: 0.25 steps outside 45 yd In | 7.0 steps behind Front Hash (HS) |
| 19 | 16 | Left: 2.5 steps outside 40 yd In | 1.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 0.5 steps inside 35 yd In | 11.0 steps behind Front side line |
| 21 | 32 | Left: 0.5 steps inside 35 yd In | 11.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 30 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Left: 3.25 steps outside 30 yd In | 8.75 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 2.0 steps outside 25 yd In | 2.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 0.25 steps inside 25 yd In | 5.0 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 2.0 steps inside 25 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 2.0 steps inside 30 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: 2.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Left: 2.25 steps outside 50 yd In | 7.75 steps behind Front Hash (HS) |
| 19 | 16 | Left: 3.25 steps inside 40 yd In | On Front Hash (HS) |
| 20 | 16 | Left: 3.25 steps outside 40 yd In | 11.5 steps behind Front side line |
| 21 | 32 | Left: 3.25 steps outside 40 yd In | 11.5 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 30 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Left: 2.75 steps inside 30 yd In | 9.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 25 yd In | 2.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 2.0 steps inside 25 yd In | 0.75 steps behind Front Hash (HS) |
| 26 | 29 | Left: On 30 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 30 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: 4.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Right: 3.75 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 19 | 16 | Left: 1.25 steps inside 45 yd In | 0.75 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 1.0 steps inside 40 yd In | 12.25 steps behind Front side line |
| 21 | 32 | Left: 1.0 steps inside 40 yd In | 12.25 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 35 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Left: 0.25 steps inside 35 yd In | 7.5 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 2.0 steps inside 30 yd In | 2.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 2.75 steps outside 30 yd In | 5.75 steps behind Front Hash (HS) |
| 26 | 29 | Left: 2.0 steps outside 35 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 25 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps inside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Right: 1.25 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 19 | 16 | Left: 4.0 steps inside 45 yd In | 2.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 0.75 steps outside 40 yd In | 6.25 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 0.75 steps outside 40 yd In | 6.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 35 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 1.0 steps inside 35 yd In | 4.75 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 3.0 steps outside 35 yd In | 2.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 0.5 steps outside 30 yd In | 7.75 steps behind Front Hash (HS) |
| 26 | 29 | Left: 1.0 steps inside 35 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 30 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Right: 0.75 steps outside 50 yd In | 8.0 steps behind Front Hash (HS) |
| 19 | 16 | Left: 1.75 steps outside 45 yd In | 0.25 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 2.5 steps inside 35 yd In | 7.0 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 2.5 steps inside 35 yd In | 7.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 30 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 2.25 steps outside 35 yd In | 8.75 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 1.0 steps outside 30 yd In | 2.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 3.5 steps inside 25 yd In | 3.25 steps behind Front Hash (HS) |
| 26 | 29 | Left: 3.0 steps inside 30 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Left: 2.75 steps inside 45 yd In | 7.5 steps behind Front Hash (HS) |
| 19 | 16 | Left: 0.25 steps inside 40 yd In | 0.25 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 2.25 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 2.25 steps outside 35 yd In | 8.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 30 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 0.25 steps outside 30 yd In | 9.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 1.0 steps inside 25 yd In | 2.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 1.0 steps inside 25 yd In | 2.0 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 3.0 steps outside 30 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps inside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 18 | 16 | Left: 3.25 steps outside 45 yd In | 6.5 steps behind Front Hash (HS) |
| 19 | 16 | Left: 2.75 steps inside 35 yd In | 2.25 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 1.25 steps inside 30 yd In | 9.0 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 1.25 steps inside 30 yd In | 9.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 25 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 1.75 steps inside 25 yd In | 8.75 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 3.0 steps inside 20 yd In | 2.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: On 25 yd In | 8.0 steps in front of Front Hash (HS) |
| 26 | 29 | Left: 1.0 steps outside 25 yd In | 4.0 steps behind Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 1.0 steps outside 30 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 3.25 steps inside 35 yd In | 8.25 steps in front of Back Hash (HS) |
| 18 | 16 | Left: 2.0 steps inside 45 yd In | 2.25 steps in front of Back Hash (HS) |
| 19 | 16 | Left: 2.25 steps outside 45 yd In | 10.25 steps in front of Back Hash (HS) |
| 20 | 16 | Left: 2.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Left: 2.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps outside 35 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Left: 2.0 steps outside 45 yd In | 11.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 1.0 steps outside 45 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 1.75 steps inside 35 yd In | 14.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 2.0 steps outside 30 yd In | 4.0 steps behind Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|------------------------------------|--------------------------------------|
| 16 | 0 | Left: 2.0 steps inside 30 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: 2.75 steps outside 40 yd In | 6.0 steps in front of Back Hash (HS) |
| 18 | 16 | Left: 3.0 steps outside 50 yd In | 2.0 steps in front of Back Hash (HS) |
| 19 | 16 | Left: 0.75 steps inside 45 yd In | 9.5 steps in front of Back Hash (HS) |
| 20 | 16 | Left: 1.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Left: 1.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 1.0 steps inside 35 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Left: 1.0 steps inside 45 yd In | 10.5 steps behind Front Hash (HS) |
| 24 | 16 | Right: 4.0 steps outside 45 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 1.25 steps outside 35 yd In | 13.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: 3.0 steps inside 25 yd In | 4.0 steps behind Front Hash (HS) |

Drill: Spring Lake 2017 - See Life Clearly - 2 - I Can Se

| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Left: 3.0 steps outside 35 yd In | 4.0 steps in front of Back Hash (HS) |
| 17 | 20 | Left: On 40 yd In | 4.5 steps in front of Back Hash (HS) |
| 18 | 16 | Right: On 50 yd In | 2.0 steps in front of Back Hash (HS) |
| 19 | 16 | Left: 3.5 steps inside 45 yd In | 8.75 steps in front of Back Hash (HS) |
| 20 | 16 | Left: 4.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 21 | 32 | Left: 4.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 35 yd In | 2.0 steps behind Front Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 45 yd In | 10.0 steps behind Front Hash (HS) |
| 24 | 16 | Right: 1.0 steps inside 40 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 4.0 steps outside 35 yd In | 12.0 steps behind Front Hash (HS) |
| 26 | 29 | Right: On 25 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 4.0 steps inside 35 yd In | 2.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 2.75 steps inside 35 yd In | 3.25 steps behind Front Hash (HS) |
| 18 | 16 | Left: 1.0 steps outside 30 yd In | 7.75 steps in front of Front Hash (HS) |
| 19 | 16 | Left: 0.5 steps inside 35 yd In | 4.25 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 3.75 steps outside 35 yd In | 10.0 steps behind Front side line |
| 21 | 32 | Left: 3.75 steps outside 35 yd In | 10.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 25 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Left: 1.0 steps outside 25 yd In | 9.25 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 1.0 steps inside 25 yd In | 6.0 steps in front of Front Hash (HS) |
| 25 | 24 | Left: 1.25 steps inside 30 yd In | 8.75 steps in front of Front Hash (HS) |
| 26 | 29 | Left: On 30 yd In | 10.0 steps in front of Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 2.0 steps inside 30 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 3.75 steps outside 40 yd In | 11.5 steps behind Front Hash (HS) |
| 18 | 16 | Left: 1.25 steps inside 40 yd In | 4.0 steps in front of Back Hash (HS) |
| 19 | 16 | Left: 4.0 steps inside 45 yd In | 10.0 steps behind Front Hash (HS) |
| 20 | 16 | Left: 1.75 steps outside 40 yd In | 1.25 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 1.75 steps outside 40 yd In | 1.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 35 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 3.0 steps outside 40 yd In | 11.75 steps behind Front Hash (HS) |
| 24 | 16 | On 50 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 2.5 steps inside 40 yd In | 12.25 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 1.0 steps outside 35 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|---------------------------------------|
| 16 | 0 | Left: 3.0 steps outside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 2.5 steps outside 40 yd In | 4.5 steps behind Front Hash (HS) |
| 18 | 16 | Left: 0.25 steps inside 30 yd In | 5.0 steps in front of Front Hash (HS) |
| 19 | 16 | Left: 4.0 steps inside 25 yd In | 12.25 steps behind Front side line |
| 20 | 16 | Left: 2.0 steps outside 30 yd In | 4.0 steps behind Front side line |
| 21 | 32 | Left: 2.0 steps outside 30 yd In | 4.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps outside 20 yd In | 6.0 steps behind Front side line |
| 23 | 32 | Left: On 40 yd In | On Front side line |
| 24 | 16 | Left: On 40 yd In | On Front side line |
| 25 | 24 | Left: On 40 yd In | On Front side line |
| 26 | 29 | Left: On 40 yd In | On Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 2.0 steps outside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 1.5 steps inside 40 yd In | 8.5 steps behind Front Hash (HS) |
| 18 | 16 | Left: 3.75 steps outside 40 yd In | 7.0 steps in front of Back Hash (HS) |
| 19 | 16 | Left: 2.0 steps outside 45 yd In | 10.5 steps behind Front Hash (HS) |
| 20 | 16 | Left: 1.5 steps inside 35 yd In | 2.25 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 1.5 steps inside 35 yd In | 2.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 35 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 2.0 steps inside 35 yd In | 11.75 steps behind Front Hash (HS) |
| 24 | 16 | Left: 3.0 steps outside 50 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 2.5 steps outside 45 yd In | 11.75 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 2.0 steps inside 35 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 1.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 3.25 steps inside 40 yd In | 6.25 steps behind Front Hash (HS) |
| 18 | 16 | Left: 3.5 steps outside 35 yd In | 1.0 steps in front of Front Hash (HS) |
| 19 | 16 | Left: 3.5 steps outside 30 yd In | 9.75 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 4.0 steps inside 25 yd In | 8.0 steps behind Front side line |
| 21 | 32 | Left: 4.0 steps inside 25 yd In | 8.0 steps behind Front side line |
| 22 | 32 | Left: 2.0 steps inside 20 yd In | 12.0 steps behind Front side line |
| 23 | 32 | Left: 0.25 steps outside 25 yd In | 4.25 steps behind Front Hash (HS) |
| 24 | 16 | Left: 1.0 steps inside 25 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 1.0 steps outside 35 yd In | 12.75 steps behind Front Hash (HS) |
| 26 | 29 | Left: 2.0 steps inside 40 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---|
| 16 | 0 | Left: 3.0 steps inside 35 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 0.25 steps inside 40 yd In | 5.5 steps behind Front Hash (HS) |
| 18 | 16 | Left: 2.25 steps inside 30 yd In | 2.75 steps in front of Front Hash (HS) |
| 19 | 16 | Left: 3.75 steps outside 30 yd In | 12.75 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 3.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 21 | 32 | Left: 3.0 steps outside 30 yd In | 6.0 steps behind Front side line |
| 22 | 32 | Left: On 20 yd In | 9.0 steps behind Front side line |
| 23 | 32 | Left: 0.25 steps outside 25 yd In | 1.25 steps behind Front Hash (HS) |
| 24 | 16 | Left: 3.0 steps inside 20 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 1.75 steps inside 30 yd In | 9.75 steps behind Front Hash (HS) |
| 26 | 29 | Left: 4.0 steps inside 35 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: On 35 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 1.25 steps outside 40 yd In | 9.5 steps behind Front Hash (HS) |
| 18 | 16 | Left: 1.25 steps outside 40 yd In | 5.25 steps in front of Back Hash (HS) |
| 19 | 16 | Left: 1.0 steps inside 45 yd In | 10.5 steps behind Front Hash (HS) |
| 20 | 16 | Left: 1.25 steps outside 40 yd In | 3.75 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 1.25 steps outside 40 yd In | 3.75 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps inside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: On 35 yd In | 2.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 40 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Right: 1.5 steps outside 50 yd In | 11.25 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 3.0 steps inside 40 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Left: 1.0 steps outside 45 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 2.0 steps outside 45 yd In | 6.75 steps behind Front Hash (HS) |
| 18 | 16 | Left: 1.0 steps outside 35 yd In | 0.75 steps behind Front Hash (HS) |
| 19 | 16 | Left: 2.75 steps outside 30 yd In | 7.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: On 25 yd In | 12.0 steps in front of Front Hash (HS) |
| 21 | 32 | Left: On 25 yd In | 12.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 20 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 1.25 steps inside 25 yd In | 6.75 steps behind Front Hash (HS) |
| 24 | 16 | Left: 1.0 steps outside 30 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 3.25 steps outside 40 yd In | 13.25 steps in front of Back Hash (HS) |
| 26 | 29 | Left: On 45 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Left: 4.0 steps inside 40 yd In | 8.0 steps behind Front Hash (HS) |
| 17 | 20 | Left: 3.5 steps outside 45 yd In | 8.25 steps behind Front Hash (HS) |
| 18 | 16 | Left: 2.75 steps inside 35 yd In | 9.5 steps in front of Back Hash (HS) |
| 19 | 16 | Left: 3.0 steps inside 40 yd In | 10.5 steps behind Front Hash (HS) |
| 20 | 16 | Left: 2.0 steps inside 35 yd In | 4.5 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 2.0 steps inside 35 yd In | 4.5 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps outside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 3.0 steps outside 35 yd In | 1.5 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 2.0 steps outside 40 yd In | 10.0 steps behind Front Hash (HS) |
| 25 | 24 | Left: 3.5 steps inside 45 yd In | 11.25 steps in front of Back Hash (HS) |
| 26 | 29 | Right: 1.0 steps inside 45 yd In | 4.0 steps behind Front Hash (HS) |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps inside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps inside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps inside 35 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 4.0 steps outside 45 yd In | 5.5 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 4.0 steps outside 45 yd In | 5.5 steps in front of Front Hash (HS) |
| 22 | 32 | On 50 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 45 yd In | 6.0 steps in front of Front Hash (HS) |
| 24 | 16 | On 50 yd In | 10.0 steps behind Front side line |
| 25 | 24 | Right: On 45 yd In | 12.0 steps behind Front side line |
| 26 | 29 | On 50 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Right: On 40 yd In | 2.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: On 40 yd In | 2.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: On 40 yd In | 2.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: On 40 yd In | 2.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 0.5 steps inside 45 yd In | 0.25 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 0.5 steps inside 45 yd In | 0.25 steps in front of Front Hash (HS) |
| 22 | 32 | On 50 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 45 yd In | 8.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 45 yd In | 8.0 steps behind Front side line |
| 25 | 24 | On 50 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Left: On 45 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 40 yd In | 8.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 4.0 steps outside 40 yd In | 8.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 4.0 steps outside 40 yd In | 8.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 4.0 steps outside 40 yd In | 8.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 3.5 steps inside 40 yd In | 0.75 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 3.5 steps inside 40 yd In | 0.75 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 4.0 steps outside 50 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 45 yd In | 2.0 steps in front of Front Hash (HS) |
| 24 | 16 | On 50 yd In | 14.0 steps behind Front side line |
| 25 | 24 | On 50 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Left: On 45 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps inside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps inside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps inside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 0.5 steps inside 45 yd In | 2.75 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 0.5 steps inside 45 yd In | 2.75 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps outside 50 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: On 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 45 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Right: 4.0 steps outside 50 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 45 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps outside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps outside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps outside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 3.75 steps inside 40 yd In | 3.25 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 3.75 steps inside 40 yd In | 3.25 steps in front of Front Hash (HS) |
| 22 | 32 | Right: 2.0 steps outside 50 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Right: 4.0 steps outside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 24 | 16 | On 50 yd In | 12.0 steps behind Front side line |
| 25 | 24 | Right: 4.0 steps outside 50 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 45 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps outside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps outside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps outside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 2.5 steps outside 50 yd In | 5.0 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 2.5 steps outside 50 yd In | 5.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 40 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 45 yd In | 12.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: On 40 yd In | 4.0 steps behind Front side line |
| 25 | 24 | Left: 4.0 steps inside 45 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 40 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps inside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps inside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps inside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 2.5 steps outside 50 yd In | 5.0 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 2.5 steps outside 50 yd In | 5.0 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 45 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | On 50 yd In | 6.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 40 yd In | 10.0 steps behind Front side line |
| 25 | 24 | Left: 4.0 steps inside 45 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 40 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|---------------------------------------|
| 16 | 0 | Right: On 45 yd In | 2.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: On 45 yd In | 2.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: On 45 yd In | 2.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: On 45 yd In | 2.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 2.5 steps outside 50 yd In | On Front Hash (HS) |
| 21 | 32 | Left: 2.5 steps outside 50 yd In | On Front Hash (HS) |
| 22 | 32 | Left: On 45 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 45 yd In | 8.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: On 40 yd In | 8.0 steps behind Front side line |
| 25 | 24 | Left: 4.0 steps inside 40 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 35 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|---------------------------------------|
| 16 | 0 | Right: 4.0 steps outside 45 yd In | 8.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 4.0 steps outside 45 yd In | 8.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 4.0 steps outside 45 yd In | 8.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 4.0 steps outside 45 yd In | 8.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 2.5 steps outside 50 yd In | On Front Hash (HS) |
| 21 | 32 | Right: 2.5 steps outside 50 yd In | On Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 45 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | On 50 yd In | 2.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 40 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Left: 4.0 steps inside 40 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 35 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Right: 1.0 steps inside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps inside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps inside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps inside 45 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 2.5 steps outside 50 yd In | 2.5 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 2.5 steps outside 50 yd In | 2.5 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps outside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: On 40 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Left: On 45 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Left: On 40 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps outside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps outside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps outside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Right: 2.5 steps outside 50 yd In | 2.5 steps in front of Front Hash (HS) |
| 21 | 32 | Right: 2.5 steps outside 50 yd In | 2.5 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps outside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | On 50 yd In | 4.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 40 yd In | 12.0 steps behind Front side line |
| 25 | 24 | Left: On 45 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Left: On 40 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 1.0 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 1.0 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 1.0 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 1.0 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 4.0 steps outside 45 yd In | 5.5 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 4.0 steps outside 45 yd In | 5.5 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 35 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: On 40 yd In | 12.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 30 yd In | 4.0 steps behind Front side line |
| 25 | 24 | Left: On 40 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Left: On 35 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Right: 3.0 steps inside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps inside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps inside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps inside 45 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 0.75 steps inside 45 yd In | 5.25 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 0.75 steps inside 45 yd In | 5.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 40 yd In | 13.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 40 yd In | 6.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: On 35 yd In | 10.0 steps behind Front side line |
| 25 | 24 | Left: On 40 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Left: On 35 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|---------------------------------|--|
| 16 | 0 | On 50 yd In | 2.0 steps in front of Front Hash (HS) |
| 17 | 20 | On 50 yd In | 2.0 steps in front of Front Hash (HS) |
| 18 | 16 | On 50 yd In | 2.0 steps in front of Front Hash (HS) |
| 19 | 16 | On 50 yd In | 2.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 3.5 steps inside 40 yd In | 0.75 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 3.5 steps inside 40 yd In | 0.75 steps in front of Front Hash (HS) |
| 22 | 32 | Left: On 40 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: On 40 yd In | 8.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 30 yd In | 8.0 steps behind Front side line |
| 25 | 24 | Left: On 35 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Left: On 30 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 4.0 steps outside 50 yd In | 8.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 4.0 steps outside 50 yd In | 8.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 4.0 steps outside 50 yd In | 8.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 4.0 steps outside 50 yd In | 8.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 0.5 steps inside 45 yd In | 0.25 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 0.5 steps inside 45 yd In | 0.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 4.0 steps inside 40 yd In | 7.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 40 yd In | 2.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: On 35 yd In | 14.0 steps behind Front side line |
| 25 | 24 | Left: On 35 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Left: On 30 yd In | 10.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|----------------------------------|--|
| 16 | 0 | Left: 1.0 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |
| 17 | 20 | Left: 1.0 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |
| 18 | 16 | Left: 1.0 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |
| 19 | 16 | Left: 1.0 steps outside 50 yd In | 4.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 3.75 steps inside 40 yd In | 3.25 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 3.75 steps inside 40 yd In | 3.25 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps outside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: On 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: 4.0 steps inside 30 yd In | 6.0 steps behind Front side line |
| 25 | 24 | Left: 4.0 steps inside 35 yd In | 4.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 30 yd In | 6.0 steps behind Front side line |

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| Set | Counts | Left-Right | Back-Front |
|-----|--------|-----------------------------------|--|
| 16 | 0 | Right: 3.0 steps outside 50 yd In | 10.0 steps in front of Front Hash (HS) |
| 17 | 20 | Right: 3.0 steps outside 50 yd In | 10.0 steps in front of Front Hash (HS) |
| 18 | 16 | Right: 3.0 steps outside 50 yd In | 10.0 steps in front of Front Hash (HS) |
| 19 | 16 | Right: 3.0 steps outside 50 yd In | 10.0 steps in front of Front Hash (HS) |
| 20 | 16 | Left: 0.5 steps inside 45 yd In | 2.75 steps in front of Front Hash (HS) |
| 21 | 32 | Left: 0.5 steps inside 45 yd In | 2.75 steps in front of Front Hash (HS) |
| 22 | 32 | Left: 2.0 steps inside 40 yd In | 10.0 steps in front of Front Hash (HS) |
| 23 | 32 | Left: 4.0 steps inside 40 yd In | 4.0 steps in front of Front Hash (HS) |
| 24 | 16 | Left: On 35 yd In | 12.0 steps behind Front side line |
| 25 | 24 | Left: 4.0 steps inside 35 yd In | 12.0 steps behind Front side line |
| 26 | 29 | Left: 4.0 steps inside 30 yd In | 10.0 steps behind Front side line |