

Spring Lake High School

Marching Band

Marching Band Handbook

2010

springlakebands



SPRING LAKE HIGH SCHOOL MARCHING BAND

June 12, 2010

Dear Marching Band Students, Parents and Guardians,

Marching Band 2010 is upon us! As you noticed, our marching show features some incredible Latin music that is sure to get the band and the audience going with an energetic and electric show. It promises to be another exciting year with excellent performances and life-long memories.

High School Marching Band Camp will be held at Grand Valley State University from July 26-30. The cost of Band Camp this year is **\$225**. Parents/guardians with multiple children in band should contact Mr. Truskowski at mtruskowski@springlakeschools.org or 616-847-5853 for their discounted rate.

We still need a few chaperones for band camp and a nurse too. Please see chaperone information on pg. 4 of this handbook and volunteer for a shift.

A meeting for parents will be held Thursday, July 15 at 7:00 pm in the High School Band Room. Included in this handbook is information regarding band camp and a *medical form that must be completed*. Please make sure you read through it to review all information and put dates in the family calendar ASAP. Payment for band camp as well as the medical form on are due at the meeting.

Attendance at band camp is **mandatory**. All other scheduled rehearsals and performances also are **mandatory**. As we strive to be one unit, every absent student hurts the entire group. Please clear your schedule so you are able to make all rehearsals and performances. Colorguard, Battery and Front Ensemble rehearsals are not listed on the rehearsal schedule. Students in those sections will have extra rehearsals and will receive separate schedules from their instructors.

In an effort to save fuel and bussing costs, we would like you to pick up your child from band camp on Friday if possible. Please let Mr. Truskowski know if your child needs a bus ride home. On Friday of band camp, the band will perform at 2:30pm at GVSU on lot D and you can take your child home after their room is clean and they are checked out (with returned key). It's always wonderful to see the performance and how much we were able to get done in one week!

We hope that this handbook will help answer most questions about the season for new and returning marchers. As always, if you have any questions, please feel free to contact us! We are looking forward to a fun and exciting season!

Sincerely,

Mike Truskowski & Mark Grevengoed
Band Directors

2010 BAND CAMP COMMITTEE/CONTACT INFO

Name	Email	Cell	Home/work
Luann Keizer, Head Chaperone	lkeizer@grcc.edu	616-260-3145	846-2271(h)
Jackie Kelso, Head Chaperone	cnjkelso@sbcglobal.net	616-446-5522	844-0744 (h)
Mike Truszkowski	mtruszkowski@springlakeschools.org		847-5853 (w)
Mark Grevengoed	mgrevengoed@springlakeschools.org	616-334-5711	847-5853 (w)

EMERGENCIES

In case of emergency during camp please contact a Head Chaperone by **cell** phone.

CAMP DATES AND DEPARTURE TIMES

- Monday, July 26 Busses depart SLHS at 12:00 pm PROMPTLY
Eat lunch at home BEFORE leaving; no noon meal will be served
- Friday, July 30 Performance at GVSU – 2:30pm – Students riding with parents may leave after checkout.
Bus returns to SLHS 4:00 pm (NO performance) We will send out a “tweet” on Twitter with the exact time. Follow us @springlakeband.

BAND CAMP COST AND PAYMENT

Cost is \$225 (Check made payable to Spring Lake High School Band)
Cost includes dorm room, three meals/day in GVSU Dining Hall, and both indoor and outdoor rehearsal space. Payment should be made at the Parent’s Band Camp Info meeting on **Thursday, July 15, 2010 at 7:00 pm** in the High School Band Room.

Students must have **Drillmaster marching shoes** for the marching season as part of their uniform. Shoes are **\$30.00** and may be ordered and prepaid at the parent meeting. (Black socks are also required at performances)

An annual uniform usage fee of **\$25.00** will be due at the meeting as well. All band members are required to pay the annual fee. This fee covers uniform repairs, lost gloves, lost socks, lost shoes, etc.

Total cost:	
Band Camp	225.00
Uniform deposit	25.00
Shoes	30.00*
	*if needed

Students may use money in their student account to pay for Band Camp. Most of you will have account information in this envelope. If you have questions regarding your account or the band camp bill, please contact Mr. Truszkowski.

CHAPERONES
We Need You!!

Luann Keizer and Jackie Kelso (Head Chaperones) will be at Camp all week. We rely on volunteer Band Backers to chaperone in shifts to insure the health and safety of the kids, the directors and the staff. Please volunteer for a shift. We welcome freshman parents/guardians to come see what Band Camp is all about and we would like parents of seniors to strongly consider chaperoning the final night (Thursday) of camp. Chaperones are required by the school district to have a background check completed. We will have forms at the July 15 meeting for chaperones to complete. Please make sure you have your social security number and driver's license number with you at the parent meeting.

Chaperones are responsible for:

- Monitoring students' behavior, safety and health during free time, breaks and evening/night hours.
- Room checks after lights out
- Providing water during the day
- Providing emergency first aid and/or transportation to emergency facilities when appropriate. An ambulance may be called when deemed necessary.
- Assisting with evening activities.

Shifts are needed for the following days and times:

Monday
6:30 pm - 12:30 am
Tuesday, Wednesday, Thursday
12:30 am - 6:30 am
6:30 am - 12:30 pm
12:30 pm - 6:30 pm
6:30 pm - 12:30 am
Friday
12:30 am - 6:30 am
6:30 am - 2:30 pm

Please call or email with your choice of shifts!

Luann Keizer	lkeizer@grcc.edu	616-260-3145
Jackie Kelso	cnjkelso@chartermi.net	616-844-0744

RULES AND REGULATIONS

Band camp is a school-sponsored activity. All Spring Lake High School handbook rules including those regarding the use and possession of tobacco, alcohol, illegal drugs and weapons are in effect. In addition, GVSU rules and regulations apply as well. **Violations of any rules require that students be sent home.**

Any student found guilty of damage or destruction to GVSU, Spring Lake Band equipment or another student's private property will be personally responsible to pay for damages, will be sent home and will be referred to school administrators for disciplinary action.

No student may leave camp and no student vehicles are allowed at camp.

No visitors are allowed at camp other than immediate family members. Others will be asked to leave - especially "significant others".

Curfews and lights out will be enforced. Everyone needs to be in assigned rooms and are NOT to leave for any reason. Lights should be out and all games and activities should be done at 11:15 pm as stated in the itinerary. Everyone needs enough rest to be able to work effectively during the day.

Students are expected to be on time and prepared for all activities. Promptness is important. Reporting five minutes early is considered on time.

Students are to eat all meals at the Grand Valley dining hall or where designated. Everyone must eat something at all meals and drink fluids at each meal.

Shirts and shoes are required in the dining hall.

No public displays of affection will be tolerated (hand holding is OK).

Do not be involved in anyone else's choice to break these rules.

Think. Make smart choices. Be smart. Have fun.

WHAT TO BRING TO BAND CAMP

Only **ONE** suitcase per student. (Bags MAY be checked prior to leaving for camp).

GVSU dorm rooms provide bed/bare mattress, desk, chair, closet, dresser.

Band camp is **outside!** Students may spend 7-9 hours a day learning music and drill on a parking lot. In case of severe weather, rehearsals will be held inside.

Clothing dos and don'ts

- Tennis shoes AND socks MUST be worn during rehearsals. This is required to help prevent injuries and pain and to insure a proper marching style.
- Flip flops and sandals are great for the dorm, but are not to be worn while marching.
- Be prepared for cool mornings, hot days and rain.
- Girls: bathing suits and or sports bras are NOT acceptable attire for rehearsals. No bare midriffs, no low cut tops, no tube tops. Think t-shirt.
- Guys: shirts must be worn during all rehearsals.

What NOT to bring:

- A bad attitude
- Kitchen appliances
- Instruments other than your marching instrument. No guitars, kazoos or accordions.
- Any thoughts of damaging property.
- No inappropriate DVDs or movies. They will be confiscated.
- Expensive electronic devices. Though theft has not been a major problem, it has occurred and you will be responsible. Neither Spring Lake Bands nor GVSU is liable for lost, stolen or damaged items. You will have a key to lock your room but there is no locked storage in the room.

Grand Valley State University
1 Campus Drive
Allendale, MI 49401
(616) 331-5000

PACKING CHECKLIST

CLOTHES

- _____ T-shirts
- _____ 2 pairs of tennis shoes
- _____ Socks
- _____ Jeans/Shorts
- _____ Sweatshirt
- _____ Underwear
- _____ SENIORS ONLY-Nice clothes for senior dinner

LINENS

- _____ Twin size bed sheets
- _____ Pillow and case
- _____ Blanket or sleeping bag
- _____ Towels/washcloth

MUSIC

- _____ Instrument in good repair
- _____ Supplies (reeds/valve oil)
- _____ Mechanical pencils
- _____ Lyre and flip folder (Meyer music)
- _____ 1/2" 3-ring binder

TOILETRIES

- _____ soap
- _____ deodorant
- _____ shampoo
- _____ toothbrush/toothpaste
- _____ comb/brush

MISCELLANEOUS

- _____ Sunscreen (**MUST HAVE!**)
- _____ Water bottle (**will be provided**)
- _____ Hat
- _____ Sunglasses
- _____ Watch
- _____ 1 fan/room (NO AC in rooms)

OPTIONAL

- _____ Non perishable snacks
- _____ Spending money (just a little)
- _____ Skit night supplies
- _____ Card games/Board games

BAND CAMP ITINERARY

MONDAY, JULY 26

11:00 am	Load Luggage
11:30 am	Attendance/welcome (band room)
12:00 pm	Leave SLHS
1:00 pm	Arrive at GVSU, unload buses/move into dorms
2:00 pm	Warmups/Music rehearsal/Marching Basics
5:30 pm	Dinner
6:30 pm	Drill introduction rehearsal
9:30 pm	Rehearsal ends
11:00 pm	In assigned dorm rooms
11:15 pm	Lights out/room checks

TUESDAY, JULY 27

7:30 am	Call time for breakfast
8:30 am	Drill basics/Learn drill
12:00 pm	Lunch
1:30 pm	Music warmups/Break into sectionals
2:45 pm	Drill and music rehearsal
5:30 pm	Dinner
6:30 pm	Drill and music rehearsal
9:30 pm	Rehearsal ends – 2nd annual DCI viewing night
9:50 pm	Dismissed
11:00 pm	In assigned dorm rooms
11:15 pm	Lights out/room checks

WEDNESDAY, JULY 28

7:30 am	Call time for breakfast
8:30 am	Drill basics/Learn drill
12:00 pm	Lunch
1:30 pm	Music warmups/Break into sectionals
2:45 pm	Drill and music rehearsal
5:30 pm	Dinner
6:30 pm	Drill and music rehearsal
8:00 pm	Seniors dismissed to change for senior dinner!*
8:30 pm	Rehearsal ends
11:00 pm	In assigned dorm rooms
11:15 pm	Lights out/room checks

*Wednesday – Senior Dinner at Peppino's, 8:30 p.m. (please bring dress clothes)

THURSDAY, JULY 29

7:30 am	Call time for breakfast
8:30 am	Drill and music rehearsal
12:00 pm	Lunch
1:30 pm	Music warmups/Break into sectionals
2:45 pm	Drill and music rehearsal
5:30 pm	Dinner
6:30 pm	Drill and music rehearsal
8:00 pm	Rehearsal ends for skit night!
11:00 pm	In assigned dorm rooms
11:15 pm	Lights out/room checks

FRIDAY, JULY 30

8:00 am	Breakfast (at dorm)
8:30 am	Drill and music rehearsal
12:00 pm	Lunch
1:00 pm	FINAL REHEARSAL
2:30 pm	Performance for parents
3:00 pm	Pack and clean, most students leave with parents
3:15 pm	Room checks/load busses
4:00 pm	One bus arrives at SLHS

MEDICAL INFORMATION

Student's Name: _____ Date of Birth: _____

Address: _____

Parent/Guardian: _____ Home Phone: _____

Daytime Phone: Mother _____ Father _____

Cell Phone: Mother _____ Father _____

List below any physical conditions the Band staff, nurse, physician or hospital staff should be aware of in the event of an emergency. Please include any medications that are taken to treat the specified condition. Please answer "none" if no conditions exist.

Seizures: _____ Heart Condition: _____ Diabetes: _____ Reactions to Insect Stings: _____ Asthma: _____

Other Medical Conditions:

Date of Most Recent Tetanus Shot: _____ Restricted Activities: _____

List medications to which the above named student is allergic:

**List all medications the student is currently taking:
(Please bring medications taken regularly with you to camp in the original prescription container with dosage instructions.)**

Type: _____ Dosage: _____ Frequency: _____

Type: _____ Dosage: _____ Frequency: _____

Type: _____ Dosage: _____ Frequency: _____

Family Physician: _____ Telephone: _____

Notifications - Persons to notify in case of emergency - relatives, neighbors, etc. (list 2 parties)

<u>Person(s)</u>	<u>Day Telephone</u>	<u>Night Telephone</u>
_____	_____	_____
_____	_____	_____

I hereby give my written permission for medication deemed necessary for the treatment of minor conditions and/or emergency treatment to be given to my child named above by appropriate qualified personnel, unless otherwise expressly stated in the information given above. This authorization is effective only for the duration of the Spring Lake Band Camp.

Parent/Guardian Signature: _____ Date: _____

Medical Insurance Information

Group and/or Policy Number: _____ Company: _____

SPRING LAKE HIGH SCHOOL MARCHING BAND

Rehearsal Calendar 2010

July 15	7:00 p.m - 8:00pm	Band Camp Informational Meeting - Band Room <i>(Band Camp fee/uniform deposit and medical/emergency forms due)</i>
July 16	9:00 am - 12:00 pm	Full Band Music Rehearsal
July 21	9:00 am - 12:00 pm	Freshman Marching Rehearsal (SLHS, wear socks and tennis shoes)
July 22	6:00 pm - 9:00 pm	Full Band Music Rehearsal
July 23	9:00 am - 12:00 pm	Freshman Marching Rehearsal (SLHS, wear socks and tennis shoes)
July 20	6:00 pm - 9:00 pm	Uniform fittings - Seniors and Juniors*
July 21	6:00 pm - 9:00 pm	Uniform fittings – Leftover Juniors and Sophomores*
July 22	6:00 pm - 9:00 pm	Uniform fittings - Freshmen and others*

** Colorguard members will be fit at a separate time and do not need to come to these fittings*

July 26-30		Band Camp at GVSU <i>Students should load luggage and report to band room for attendance at 11:30am</i>
August 2	6:00 pm - 9:00 pm	Monday Night Rehearsal
August 9	6:00 pm - 9:00 pm	Monday Night Rehearsal <i>(Picture Night)</i>
August 16	6:00 pm - 9:00 pm	Monday Night Rehearsal
August 23	6:00 pm - 9:00 pm	Monday Night Rehearsal
August 30	6:00 pm - 9:00 pm	Monday Night Rehearsal
Sept 13	6:00 pm - 9:00 pm	Monday Night Rehearsal
Sept 20	6:00 pm - 9:00 pm	Monday Night Rehearsal
Sept 27	6:00 pm - 9:00 pm	Monday Night Rehearsal
October 4	6:00 pm - 9:00 pm	Monday Night Rehearsal
October 11	6:00 pm - 9:00 pm	Monday Night Rehearsal
October 18	6:00 pm - 9:00 pm	Monday Night Rehearsal

SPRING LAKE HIGH SCHOOL MARCHING BAND

Performance Calendar 2010

August 7	Grand Haven Coast Guard Festival Parade (call time 9:00 in uniform at HS)
September 2 (Thur.)	Home Varsity Football (Ludington)
September 17	Home Varsity Football (Tri-County)
September 18	Rockford Invitational (afternoon/evening)
October 1	Home Varsity Football (Orchard View)
October 2	Hastings Invitational (afternoon/evening)
October 8	Home Varsity Football - Homecoming (Grant)
	(The Grand Haven Invitational is on Homecoming Weekend, therefore we opted not to attend this year)
October 16	East Kentwood Marching Invitational (evening)
October 22	Home Varsity Football (Coopersville)
October 29	Playoffs (if team qualifies)
November 15	"THE HUDDLE" – Indoor Marching Band Concert (7:00 p.m., SLHS Auditorium)

BandBacker Note:

Parents and guardians, please plan on attending and supporting the band at the Marching Invitationals. The bigger the crowd the better!